

SPECIAL  
POINTS OF  
INTEREST:

Remember to check the counselor website for printable documents and updates on available opportunities

Summer opportunities are already coming in! They are also being posted on the counselor website for students of all grade levels.

Additional scholarships can be found on websites such as [www.fastweb.com](http://www.fastweb.com), [www.scholarships.com](http://www.scholarships.com), [http://www.thomasmore.edu/financial\\_aid/src.cfm](http://www.thomasmore.edu/financial_aid/src.cfm) (not just for TMC scholarships, LOTS of websites for different outside scholarships.

Please see Ms. Couch's website for more opportunities: <http://covingtonlatin.org/view/home/counseling.aspx>

# Counselor's Corner

MONTHLY NEWSLETTER

FEBRUARY 2017

## Scholarship Opportunities

- **Kentucky Farm Bureau Education Foundation Scholarships:** Various scholarships are offered to students who have a minimum 3.5 GPA or minimum ACT score of 23. Students are no longer required to be from farm families for most scholarships. Go to [kyfb.com/scholarships](http://kyfb.com/scholarships)  
**AMOUNT:** \$1000-\$4000  
**DEADLINE:** 2/28/17
- **State Farm Good Neighbor Scholarship:** This scholarship focuses on leadership, volunteer experience and financial need and GPAs should be between 2.5 and 3.2. To apply, visit: [scholarship.pamerica.org/statefarmgoodneighborscholarship/](http://scholarship.pamerica.org/statefarmgoodneighborscholarship/)  
**AMOUNT:** \$2,500  
**DEADLINE:** 3/2/2017
- **Cincinnati Scholarship Foundation**  
The Cincinnati Scholarship Foundation connects residents of the greater Cincinnati area to numerous and diverse scholarships. Only one application is required to be considered for all the scholarships. To find out more, visit: [www.cincinnati-scholarship-foundation.org](http://www.cincinnati-scholarship-foundation.org)  
**AMOUNT:** Varies  
**DEADLINE:** 4/30/17
- **2017 Carter G. Woodson Legacy Scholar Award :** High School Junior, Identifies as African American, Demonstrates Financial Need, Exhibits Academic Promise: [berea.edu/legacy](http://berea.edu/legacy)  
**Amount:** Full tuition  
**Deadline:** 2/10/17
- **AFA Teens for Alzheimer's Awareness College Scholarship:** Complete and submitted online application. A 1,200 to 1,500 word essay that answers questions listed on website.  
**Amount:** Varies  
**Deadline:** 2/15/17
- **BMI Founders Award for Radio Broadcasting:** Broadcasting degree candidates with an academic focus in radio broadcasting. Applicable majors include, but are not limited to: Broadcast and Emerging Media, Broadcast Communications, Broadcast Journalism, Broadcasting, Broadcasting and Mass Communications, Electronic Media and Broadcasting, and Radio and Television Broadcast Technology.  
**Amount:** \$5,000  
**Deadline:** 2/1/17

# ACT/SAT News



Don't forget to register for the upcoming ACT and SAT!

Want more cool information on open houses, scholarships, summer opportunities and testing? Visit : <http://covingtonlatin.org/view/home/counseling.aspx>

**SENIORS:** Please hold on to any scholarship award letters you receive, even if you do not plan to attend that institution... the office needs copies of them for graduation so we can honor your accomplishments!

ACT/SAT registration materials are available at the College Center. Both testing organizations are strongly encouraging that all registrations be completed online. Practice booklets, registration handouts and paper registration forms are available in the outer office of the Counselor Office.

**ACT: Register by March 3 for the April 8 test date Online @ [www.actstudent.org](http://www.actstudent.org)**

**SAT: Register by February 10 for the March 11 test date Online @ [www.collegeboard.org](http://www.collegeboard.org)**

**ATTENTION JUNIORS:** As part of the District Choice State Testing, you will be required to take the ACT (without writing) on March 15 at school. No registration necessary, payment info coming soon. If you plan to take the ACT yourself before then, we recommend taking it WITH Writing so you have it

in case any schools you apply to require it. Also, start looking to see if any schools you have interest in will require the SAT II Subject Test scores so you can plan your testing schedule ahead of time. Test Prep Classes can be found on my website: <http://covingtonlatin.org/view/home/counseling.aspx>

## Explore Engineering

University of Dayton is hosting an Explore Engineering event on Saturday February 25 from 10am - 4pm. For students interested in the possibility of a career in engineering this is a great opportunity to get to learn more about the types of engineering, cooperative education, particulate in hands on laboratories and meet and talk with engineering faculty and students. Open to high school sophomores-seniors Space is limited so visit [https://www.udayton.edu/engineering/k-12-programs/explore\\_engineering/index.php](https://www.udayton.edu/engineering/k-12-programs/explore_engineering/index.php)

[engineering/k-12-programs/explore\\_engineering/index.php](https://www.udayton.edu/engineering/k-12-programs/explore_engineering/index.php) to RSVP.

For females or minorities interested in engineering, plan to do an overnight visit the night before as part of the Women in Engineering or Minorities in Engineering Overnight Program. Come up Friday February 25 and stay the night, then go off to the Explore Engineering event on Saturday morning. Visit <https://www.udayton.edu/>

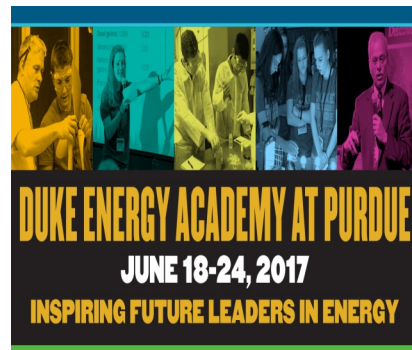


Interested in engineering? Check out the Explore Engineering program at University of Dayton!

**The Duke Energy Academy at Purdue University** is an immersive program for high-achieving high school juniors and seniors, and secondary science teachers. During the week-long course on STEM-related energy topics, participants will be provided with resources and incentives to inspire both students and teachers in sustainable energy solutions. The program is free to all participants and teachers will receive a \$400 stipend on successful program completion.

**Deadline: February 19th**

**Website: <https://www.purdue.edu/discoverypark/energy/programs/energy-academy/apply.php>**



# Altiora! Whole Child Initiative



Questions to Ponder: Doe my child...

Have trouble getting along with family, friends, and peers?

Have frequent outbursts of shouting, complaining, or crying?

Have trouble performing or behaving in school?

“Not all who wander are lost,”

J.R.R. Tolkein.

Earlier in January, we had Dania Barazi, from Seas the Day Foundation, speak about suicide prevention and awareness. It was a successful presentation and was well received. At the end of January, I started going into classes for guidance les-

sons. I talked about what it means to be gifted with the preps, understanding the adolescent brain with the freshmen, and started the Altiora skills group with the juniors and seniors.

The Altiora skills group utilizes Dialectical Be-

havioral Therapy (DBT) skills to teach students how to manage their emotions. This is through mindfulness, distress tolerance, and interpersonal effectiveness. These skills are ones they can use the rest of their lives!

## NaviGo

In January, students got more familiar with what colleges and careers would be a good fit for them. We provided them financial aid and scholarship resources. Juniors began to look at the college application process and seniors learned more about choosing a college major. As we go forward into February, the juniors will learn more about the college application process and financial aid options. The seniors will continue to look at college majors and choosing a college that is a good fit for them.

