

## PREP 7 STUDY SKILLS

### **Textbook:**

Learning and Study Skills Level II  
HM Study Skills Group  
Rowman and Littlefield Education  
2002

### **Prerequisites:**

Acceptance into the 7<sup>th</sup> grade program at Covington Latin School.

### **Course Description:**

This course examines skills for learning. Included are methods that help make learning and studying easier for 7<sup>th</sup> grade students. This course will help students gain more from the effort and time that they devote to studying, particularly to school work.

### **Course Goals:**

1. To examine skills necessary for learning
2. To develop habits that will enable the student to prepare well for classes at Covington Latin School.
3. To build confidence in studying for classes and preparing for exams

### **Course Objectives:**

1. To make studying a priority
2. To teach students to use their planners effectively
3. To understand how to use one's time wisely in school
4. To enable students to become familiar with note taking strategies
5. To help students prepare effectively for exams

### **Course Sequence:**

#### Semester 1

- I. Introduction to study skills
  - A. Using a planner and binder
  - B. What it means to learn and study
  - C. Learning styles
  - D. Using your time
  - E. Note taking methods
  - F. Taking tests – objective questions
  - G. Taking tests – essay questions
  - H. Exam Folders

#### Semester 2

- II. Skills for Learning
  - A. Goal setting
  - B. Reading textbooks
  - C. Listening

- D. Solving problems
- E. Improving your memory

**Evaluation:**

This course is graded Pass/Fail. Weekly planner, binder and locker checks, along with class participation, will help determine if a student is fulfilling the requirements for the course.

**Supplemental Materials**

*Reading and Social Studies* by Dr. Kyleene Beers and *Middle School Activities* by the Pennsylvania Higher Education Assistance Agency.

