



# What's on the Menu?

OCTOBER 2025

10/6-10/10

Weekly Salad Features: House or Caesar

## MONDAY

### Main Ingredient

Grilled Chicken Alfredo

Roasted Broccoli

### Under the Hood

Build Your Own Nachos

Mexi-Rice

## TUESDAY

### Main Ingredient

Buffalo Chicken Mac & Cheese

Seasoned Corn, Steamed Broccoli

### Under the Hood

Grilled Ham & Cheese

Crispy French Fries

## WEDNESDAY

### Main Ingredient

Chipotle Chicken Quesadilla

Mexi-Rice, Charro Beans

### Under the Hood

Wing Wednesday

Crispy French Fries

## THURSDAY

No School

## FRIDAY

No School

### AVAILABLE DAILY



- Breakfast Handhelds
- Yogurt Parfaits
- Overnight Oats
- Cereals
- Fresh Fruit
- Prepackaged Snacks
- Beverages

### AFTER SCHOOL



- Fresh Fruit
- Grab and Go; Sandwiches, salads, and Wraps
- Ice Cream
- Prepackaged Snacks; Chips, Pretzels, and Granola Bars
- Beverages